

Preface

Modern day people are suffering from various sicknesses and problems that affect their body and mind, such as feeling low, being likely to feel fatigued and stressed, feeling irritated, having chills from poor blood circulation, stiff shoulders, low back pain, migraine, gastroptosis, fragile health, indefinite complaints, and insomnia. But they also suffer from problems caused by the influence of their surroundings, such as a series of bad luck, sick family members, human-relation problems, spiritual experiences, and consoling ancestors' souls. Moreover, although the world seems to have become materially affluent, the gap between rich and poor has widened, and every year we have increasing problems from state-level, such as atrocious crimes and social welfare, expanding to global-level, such as problems of water, food, energy, and environmental problems. These problems look completely different, but in terms of Ki (Chi), everything is related and the cause of the problems has something to do with negative Ki, which is the negative energy that people emit from their negative feelings. My father, who used to be a clockmaker, was taught in a dream in 1986, how to make a machine called "High Genki." This machine attracts a special energy from the universe called "Shinkiko." He set up a company and started to sell the machine. For about ten years, until he died in 1995, he blew new wind into the field of Kiko (Qigong).

Also, he had not only looked at the field of medicine, but at the same time, he had paid attention to the field of environmental and energy problems. He left a message that there would be a time when Ki would be a main pillar in many fields. After his sudden death, I took over his company. I used to work as an engineer in the research and development division for an electronics manufacturer, so I was new to this field. I made strong efforts to take over my father's great work, thinking that I had to experience and understand Shinkiko energy more than anyone else. One day, three years after I changed to the company, I came to realize that everything happens for a reason, and had been pre-planned a very long time ago. That is, the universe taught my father through a dream how to make a Ki transferring device because the universe wanted to send the energy to the earth, and chose me, who used to be an engineer, to take over his work and to improve the machine in order to allow many people to make use of it. The universe wants to send lots of energy to the earth. By making use of this energy, each of us can make our soul shine and can change the dark negative shadow that has been accumulating on earth since the dawn of time, into bright light. Many problems on earth will then be solved smoothly. For the past 13 years since my father died, I have sent Shinkiko energy to more than 50,000 people, and have learned a lot of things. The Shinkiko energy will lead those who receive it to happiness. There are

actually many who overcame poor health, illness, truancy, withdrawal from society, depression, family feud, bad luck, and trauma, with Shinkiko. The Shinkiko energy is evolving, and by using it we can all change ourselves and our environment, dramatically. Whether or not we can change things for the better depends on us, the Shinkiko energy receivers. I am hoping that this Shinkiko energy from the universe will be used by as many people as possible. The energy will make your soul shine from inside and lead you to happiness, and at the same time, the light from you will spread and will eventually change the vibrating energy from the earth.

Masato Nakagawa