When I send Ki to people, spirits of dead people sometimes appear and start talking through ki I call them "yadokari-san" (literally meaning a "tenant": a spirit who is receivers' mouth. temporarily dwelling inside living people). Every yadokari-san has their stories and I have talked about them in this column. Often, some yadokari-sans are holding a grudge. I will talk about what happened the other day. Mr. and Mrs. A have been receiving Shinkiko therapy earnestly for They always come to a Shinkiko centre together to attend a chairman's session. Mrs. A is sensitive to spiritual things, and I learn a lot from her reactions to Ki. On that day, she started groaning in a low voice as she received Ki, and started grabbing her husband lying beside her on the I thought it must be a spirit cursing someone, by intuition. As I continued to send Ki to collar. her, the spirit shouted aloud, "Do you understand our pain? Do You Understand?" According to the spirit, it seemed that one of Mr. A's ancestors was a powerful farmer who owned a vast field and was lending money to small farmers around him. But he collected the debts aggressively from those who could not pay off their debt due to a poor harvest, and took away the The families of farmers who lost their field must have fields of farmers who were unable to pay. starved, suffered, and died holding a grudge against the A family. The repetition of this sort of thing consequently made the As prosperous. Getting your money back is a natural thing when you lent someone money but probably Mr. A's ancestor went a bit too far. The yadokari-san said that he had been cursing the family over many generations for hundreds of years. And because there were a lot of spirits like him, Mr. A's family continuously suffered many misfortunes. Those who were cursing the family thought they were doing the right thing in order to make Mr. A's family aware of their pain. I really could relate to the spirit's rage and pain. So I just hoped that the Shinkiko energy would reach him and let him shine bright, since I had no words to say to him. After a while, he realized that although he had been holding a grudge against A's family over many generations including Mr. A himself, he was never happy. Far from it, his anguish just grew. As he received more Shinkiko energy, he realized that what he was doing, as a matter of course, was actually a huge mistake. (continue to next month)

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