

(18) Thanks for your existence

2002-11-07 Thu

When I was sending Shinkiko energy to a person the other day, a spirit-like being started talking in a voice which was clearly different from that of the Ki receiver. I did my best to send the energy to the spirit, and let her set off for the world of light. And I will talk about her (I think it was she) story since it stands out in my memory. The ki receiver was tired from work: he could not feel confident about himself and felt that he was hopeless compared to others. Probably, the spirit must have been a negative spirit who sympathized with his negative feelings and was drawn to him.

At first the spirit said to me, "I was sick all my life and was unable to move on my own. I could not do anything alone, nor could I do anything for anyone. I thought that I wasn't worth living and that I should die immediately. But after I died, nothing changed. No matter whether I have the body or not, I could not be of help to anyone." She must have thought she could get away from her feeling of hopelessness and worthlessness if she died. But nothing changed: her feeling of despair was still present. It must have been really hard for her. But as she received Shinkiko energy, her feelings changed and said, "But, you know, everyone lamented over my death. I thought I couldn't do anything for anyone, but I wish I could have told them many times how thankful I was..." The light of the energy changed her feelings fast and made her aware of lots of things.

She went on: "A man's worth cannot be just judged by visible things. You can sometimes bring comfort or hope to others by just being there. Invisible things can sometimes help people. Please tell him about it. He is just being desperate to be admitted by everyone by working harder." The negative Ki that the spirit had turned into positive and led her to be aware that there were lots of things she could do even without the body. "There must be many who are blaming themselves for their worthlessness, but they all should learn that by just being there they can do many good things for someone. I used to think nobody would admit me unless I achieved something tangible for them. I always wanted be thanked and recognized by others. There are people who struggle to be recognized and who recognize such people, and I just didn't know what I should do. I will be light; I will shine a light on others. Thank you for giving me a chance to be aware of it. I had never dreamed that I could be of any help to others after death. Thank you." After that she left for the world of light. Everyone is a light-like being that is surely giving light to someone but sometimes we forget about it. Shinkiko energy lets us remember it whether you have a body or not.