

(16)Commemoration of ancestors

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Many of you must have had family gatherings or have visited your ancestors' graves during the Obon period. In Japan, there are many kinds of Buddhist services including Obon and O-higan; people pay visit to their ancestors' graves with their families during these Obon and O-higan periods. Probably people in the olden days knew that they could send a lot of positive ki (light) to their deceased ancestors by putting their palms together and pray for them. I found myself treasuring my ancestors before I knew it; maybe I was taught that way from my childhood.

When I was sending ki to people, a spirit emerged from a woman. At first, she (the spirit) was groaning, looking very distressed, with her whole body strained and bending backward. Slowly, the grimacing look on her face got worse, but as the Shinkiko energy penetrated into her after several strong coughs, her face started looking better. Finally, the spirit said, "I feel better at last. Everyone is suffering. Thanks to her (the woman), light has finally come to us. We owe everything to her. We're so happy, thank you, thank you..." Then she set off for the world of light saying "Everyone is waiting for me. I can now help others."

The woman learned about Shinkiko, since she and her family were always sickly. But her family was never interested in ki; she was the only one who was earnestly receiving the therapy. She participated in the Shinkiko Retreat Seminar held in Ikoma too, and at that time, she was worried about her relatives fighting over their inheritance.

When the spirit appeared, at first she was very surprised at herself for saying such things although she was very conscious. It seemed that the spirit was her great-grandmother. Having found that the light had reached her ancestors, she once again realized more the meaning of using a High Genki apparatus.

If there are many who lived a tough life in your now-deceased and invisible relatives, you and your family may be influenced by them, and may have bad luck or have a fight with each other. They may be giving you a signal from another world in order to make you aware of their existence by causing you trouble. If any of your family becomes aware of their presence, and tries to send light, trouble and bad luck will gradually go away. Receiving Shinkiko energy means sending light to another world through the living that serves as a gate.

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