

(5)Thinking about the spirit 1

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Recently I watched a TV program in which a psychic did a psychic reading on a spirit who had possessed a person and made the spirit go away. Psychics, in general, are not ordinary people. They have what you might call a particular ability. The psychic was trying to find out why the spirit (called ghost) was suffering, and made him get out of the person's body by casting some sort of spell. I will talk about this act of "getting rid of spirits" later, but this program was based on the idea that such a thing as spirit exists in this world and that problems were caused by spirits. I liked the program in that it did not deny the existence, but what bothered me was that it was aimed at catching viewers' attention by showing something scary, just for amusement, and also that the way it was handling this intangible thing, the spirit. It was just trying to get rid of the spirit by asking religious people or psychics for help just because the spirit is something incomprehensible; the haunted person did not seem to have learned something from the sequence of events. You will not learn anything and will not grow up by always having someone solve problems for you. There must always be reasons to spiritual things that happen. I think you can get to real solutions by trying to learn something out of it, not by just getting rid of it. But, how should we do it?

To approach incomprehensible problems, first you should make a guess as to how problems occur; compare your guess with various occurrences and see whether it makes sense or not. Then if you can explain without contradictions, your guess must be very close to the truth at that point. Also, if you could find out how problems occur, there would be a possibility that they could be solved by anyone, not only by those who are gifted. I have a hypothesis that makes me feel it must be right from my experience of interacting with many spirits until now. Let me explain it a little.

First of all, the spirit is an energy entity that has consciousness whether or not he has his own physical body. And a level of the consciousness determines in what state the spirit is --- that is, the amount of energy is determined by its level. The level of consciousness is determined by how close he is to a harmonious mind that is in tune with the universe. As I mentioned last time, when the mind of a spirit is full of agony, his level of the energy must be very low. And it seems that each spirit constantly gives the energy to other spirits that are around and also receives it from them, whether

they are positive or negative. (To be continued)

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