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Receiving Shinkiko energy is nothing special for me --- it is part of my life; as routine as brushing teeth or washing face

Masayo Watanabe (48, from Tokyo)

Mrs. Masayo Watanabe always comes to the Tokyo center with a smile and receives Ki. She sometimes brings her daughter to the center, and very earnestly read a monthly magazine, "Hi Genki," and a Weekly Shinkiko News, which looks is impressive. She is married to a foreigner, has suffered a sudden illness and has done volunteer activities under Mother Teresa. What meaning is there behind her experiences?

Changed the way of my life after suffering brain hemorrhage

It was eight years ago that I got to know Shinkiko energy. I was sometimes reading a magazine called "Anemone" before, and always wanted to visit healing salons. At that time, the relationship between I and my husband was strained a little, and I was feeling tired both in body and mind; so I was looking for somewhere I could heal myself. Then I happened to find an article on Shinkiko energy in the magazine, and because the fee was reasonable, I went to visit the Tokyo center really light heartedly.

As soon as I got started on a one-month program, my tiredness went away and I got really better. After that I went to live in China, my husband's home country, for about two years. When I came back to Japan and after a while, I was suddenly felled by a brain hemorrhage and lost consciousness for three days. And I had to have a craniotomy. Fortunately the surgery went well, but I wondered, "What on earth is happening to me? Should I change the way I live? Am I able to live from now on until 50 years old? What should I do? My child is still small..." I was full of anxiety.

As I got really depressed both mentally and physically, I quit my job, and went to the Tokyo center for the first time in two years hoping to receive Shinkiko energy again. On the same day I applied for the one-month program again and started commuting to the center almost every day. When the program was about to end, I bought a High Genki apparatus, although it was financially a little tough for me. But I had learned the beauty

of the machine; it made me feel really good. And I bought it as a “pass” that allowed me to commute to the center.

After a while, I started worrying about my health; so I went to a hospital for a complete checkup. And I was diagnosed as having a difficult, an autoimmune disorder, called aortitis syndrome (symptoms are lightheadedness, palpitation, dizziness, easily being tired, and also some suffer pain).

The symptoms vary from person to person, but in my case, inflammation was developed in blood vessels and it was blocking the kidney and the carotid artery constricting the blood flow and making the blood pressure high. At that time, my understanding of the Shinkiko energy was not as deep as it is now, and I wondered why I was diagnosed as having such a difficult disease, although I was always receiving Ki, commuting to the center, using the High Genki and my body was feeling light. Having been diagnosed with the incurable disease was as shocking as earning a death sentence since I thought all the diseases were curable. I was really depressed. My child was still small and my husband did not help with housework much. I often wondered what I should do on my own; that period was a hard time for me. In addition to it, my daughter became unwilling to go to school. It was as if I had taken a one-two punch.

Gradually, things in my home went downhill as well; I wondered why I was having such bad luck. When I asked one of the staff at the center about it, he told me that it must be a favorable turn reaction. But it was hard for me to accept such a thing because I was not so sure if I would get better with Shinkiko energy at that time.

Besides, I had bought the High Genki already and wanted to get my money's worth from it; so I commuted to the center every day hoping to find a way. All the staff there was very kind and I could associate myself with their treatment philosophy and the way they viewed disease; that was why I could keep receiving Shinkiko therapy.

At first I commuted there with the idea of just wanting to be healed; but as I kept commuting, there were some noticeable changes in my life. My daughter started going to school again after refusing it for two weeks and the relationship with my husband gradually improved.