



Shinkiko A=B=C

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Ki — A Light Energy that Fills Mind, Body and Soul vol.5



Everyone is under the influence of negative Ki

What I mean is, we have come into this world from the universe in order to let our souls grow. So, all the spirits or souls are not perfect; they are still on their way to growing up, and still have chances to heighten their awareness. Just like everyone has his fault, there is a part where the brightness of light is weaker in their souls. And this is where negative Ki sympathizes; it means that anyone can be affected by negative Ki.

Also, we are sometimes affected by not only the negative Ki from our families and friends, but also by the negative Ki from dead people, such as our ancestors, before we know it. When we are affected by negative Ki, our life energy lowers and we sometimes suffer symptoms such as, stiff shoulders, fatigue and being sensitive to cold temperatures. Especially when we are affected by negative-minded spirits, we are likely to feel down over trivial things; to get angry; to get irritated; to worry over many things; to feel stressed over human relationship problems; to be unable to do things properly and to say things too much. Our feelings and bodies become beyond our control.

Effect of positive Ki, Shinkiko energy

If you can be aware of these things and overcome them, your soul energy increases

and you become less sensitive to negative Ki; but if you are affected by a great amount of negative Ki at once or if you have been under the influence of a similar kind of negative Ki for generations, negative Kis sympathize with each other and they snowball making you stuck in negative energy. And, even though you know that you will be able to grow spiritually if you overcome troubles, you will find it difficult to tackle the problems at hand. Your soul energy becomes unable to make a positive energy which is powerful enough to overcome the problems.

In such a case, a positive energy, Shinkiko energy gives energy to a soul from outside. The energy sent to the soul, makes the vibrating energy emitting from the soul more powerful and allows it to shine brighter. It not only changes negative energy inside the soul into positive energy, but also encourages the owner of the soul to be spiritually awakened making him transform his self-centered thinking into a broad, unselfish thinking with less difficulty. And the negative mind starts to become positive.

But it does not mean that if you receive Shinkiko energy, you will be completely free of seemingly bad things; it accelerates the speed of a cycle of your becoming negative-minded and positive-minded and enhances your soul to grow more quickly.

Everything in the universe supports each other

Human beings have not yet confirmed the existence of life forms on other planets. But it is not surprising if there is life on other planets like the earth; and we cannot deny the possibility that there are life forms that have a body and mind like ours.

I also think that it is no wonder if invisible life forms exist somewhere in this vast void of the universe.

As for us, our physical body is visible, but the energy body, such as our mind and soul are not; just like bodiless entities like ghosts are not recognized even if they are around us.

In my own experience, there were many times when spirits hiding inside people vanished saying "I'm going to the world of light," after receiving Shinkiko energy. Those spirits did not disappear; it is more natural to think that they became a part of cosmic life.

The spirits who received a lot of Shinkiko energy, and who will be like a guardian angel and play an active role in the next stage, all say "I've bothered so many people, so now I want to support them in apology for it," before vanishing. From these facts, I learned that spirits grow by supporting and helping others.

It is just like a relationship between parent and child: a child is supported by his parents, and the parents spiritually grow themselves by taking care of him. And this is exactly the way the whole universe works: everything grows by being interdependent with each other.

So, everything in this world is, in a way, supported by something somewhere in the universe.

There is a lot of support from the universe and Shinkiko energy is one of it.

The universe demands for spirits' further spiritual awakening and evolution

Any human being who has come into this world exists to allow his spirit to evolve. So,

anyone's spirit evolves, and there are many spiritual awakenings in life. Whether or not people know about Shinkiko energy, they all have chances to be spiritually awakened and are on the road to evolve.

But there are many spirits going around the world, who have become negative-minded in the long history of mankind, and they have become like a huge negative vibrating energy blocking other spirits to evolve. Spirits are supposed to come to the earth from the universe and go back there again, but due to their obsession with the material world and to their worries, many of them cannot go back to where they should. We have the problem of population explosion in developing countries, but lost spirits are also explosively increasing in number. Thus, the negative energies that are expanding at an accelerated rate are covering the whole earth like a shadow. People should not just vaguely look for their own happiness, and lean back and wait for their souls to evolve on their own; the universe demands our immediate spiritual awakening and evolution.

Probably, the universe used to send energies to only part of the people who had some kind of involvement with mankind's mental activities, such as religionists, artists and martial artists in order to heighten the awareness of the whole mankind. But in this day, it is not enough to keep up with the present condition. We are busy living our daily lives; we cannot afford time to go into a mountain and perform cold water ablation by a fall to train ourselves. Also, the earth is running out of time to wait for it.

That is why the universe started sending energy in the high dimension, the Shinkiko energy, that can be received by anyone who tries it. And the amount of the energy is increasing every year. In order to save the earth and allow the earth to evolve, the universe now wants us to be spiritually awakened and to evolve faster.