



# Shinkiko A=B=C

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vol.1

## Preface

Modern people are suffering from not only sicknesses and problems that affect their body and mind, such as feeling low, being likely to feel fatigued and stressed, feeling irritated, chills, stiff shoulders, low back pain, migraine, gastroptosis, fragile health, indefinite complaint and insomnia, but also from the problems caused by the influence of their surroundings, such as a series of bad luck, sick family members, human-relation problems, spiritual experiences and memorial services for ancestors.

Moreover, although the world seems to have become materially affluent, the gap between rich and poor has widened; and the problems and worries, from state-level to global-level, that modern people have, such as an increase in atrocious crimes, problems in social welfare, problems of water, food and energy and environmental problems are increasing every year.

These problems look completely different, but in terms of Ki, every thing is related; and the cause of the problems has something to do with negative Ki, the energy that people emit from their negative feelings.

My father, who used to be a clockmaker, was taught how to make a machine called High Genki apparatus in his dream, which attracts an energy from the universe called Shinkiko in 1986, and set up a company that sells the apparatus. For about ten years until he died in 1995, he brought a breath of fresh air in the field of *Kikou* (or Qigong), and at the same time, he not only looked at the field of medicine, but also at environmental and energy problems; and he used to say that there would be a time when Ki would be a

main pillar in any field.

I took over his company after he suddenly died. At the time, already some three years had passed since I changed to the company from the electronics manufacturer where I used to work as an engineer in the research and development division. I, who was new to this field, really made efforts to take over my father's great work, thinking I had to experience and understand Shinkiko energy more than anyone else..

Then, one day, I came to realize that everything happens for a reason, and they all had been planed from way back. That is, the universe made my father to make a Ki transferring device because it wanted to send the energy to the earth, and chose me, who used to be an engineer, to take over his work and to improve the machine in order to let many people make use of it.

The universe is wanting to send much energy to the earth. By making use of the energy, each of us can make our soul shine and can change the dark negative shadow that has been accumulated on earth since the dawn of history, into bright light; and many problems on earth will be solved smoothly.

For the past 13 years since my father died, I have sent Shinkiko energy to more than 50,000 people, and learned a lot of things. The Shinkiko energy will lead those who receive the energy to happiness. There are actually many who overcame sickness, truancy, depression, family feud, bad luck and trauma with Shinkiko. The Shinkiko energy is surely evolving, and by using it, we can all change dramatically not only ourselves but also change our environment. And,

whether or not we can change things for the better depends on us, the Shinkiko energy receivers.

I am hoping that this energy from the universe, Shinkiko energy, will be used by as many people as possible. The energy will make your soul shine from inside and lead you to happiness; and at the same time, the light from you will spread around and will eventually make the vibrating energy from the earth change.

### **Prologue Special Talk**

#### **The chairman of SAS, Masato Nakagawa and Ryouichi Obitsu (the honorary director of the Obitsu Sankei Hospital and the chairman of the Japan Holistic Medical Society)**

##### **“Ki, macrocosmos and people”**

The following is an dialogue between a “missionary” for Ki, Masato Nakagawa, and Ryouichi Obitsu, a long-time partner of Ki, and also a good doctor in cancer treatment. Dr. Obitsu, and the late chairman, Nakagawa, the founder of Shinkiko therapy, met each other at an academic meeting of oriental medicine and have been friends since then until the late chairman died in 1995. The talk started from how the doctor at the forefront of medicine grasps Ki, the life energy which has not yet been explained by modern science, and eventually progressed to his view of life and cosmic view.

#### **Trip to heal Navajo people with the late chairman, Nakagawa**

**Nakagawa** It has been some time since I met you. You look as busy as before, but looking really good. You have been a long-time partner of Shinkiko energy, and also you wrote some articles for our in-house monthly magazine, “Hi Genki.” It's very encouraging for me, and it's my pleasure to see you and talk to you again like this.

**Obitsu** I'm chronically busy. Yes, I and your father had been friends for 13 years until his death; time flies fast, doesn't it? I think he was the same age as I, right? And he was a busy person too --- also amusing. He said that he became able to emit Ki from his hands after he had seen a dream, and he often used me for his experiments at the time we met (laughter).

At that time, he was doing and saying many bizarre

things such as, anyone could be a *Kikou* (or Qigong) therapist; anyone could emit Ki from his hands within a week and so on. Yes, he was receiving some criticism from those who was doing traditional *Kikou* therapy. But, I kind of watched him.

After he died, I attended a spiritual healing seminar in England. Spiritual healing is a healing method that heals people by praying and hand-healing; it's like *Gai-Kikou*.

The instructor of the seminar was saying almost the same things as what the late chairman was saying. He said that there was nothing special about spiritual healing, anyone could be a therapist, and if you attended the seminar properly for a year, you could get the qualification. It was an idea that anyone can master a spiritual healing, just like anyone can draw a picture, although there are differences between individuals; where as in China, people believe that it takes a long period of training to do so.

**Nakagawa** I thank you for having been a close friend of my father. You also visited a village of Hopi people in America, together with him. I heard that the situation there seemed quite serious.

**Obitsu** Yes. We talked with the dean of the Hopi people; and he told us that there was a bigger tribe called Navajo, some of which had been exposed to radiation while working in a uranium mine. So, we held a Ki session there.

We used a community center; although there were only a few people at first, they seemed like it, and by word of mouth, many people came to the session one after another. We were amazed when a truck with full of people in the back of the truck came.

At first, only Mr. Nakagawa was sending Ki; and then he asked me to do it too since he could not handle all the people. So I held both of my hands over them too. But the number of people kept increasing; it got out of our control, and we eventually ran away (laughter).

On our way to and from America, I was sitting next to him on the planes. And I could see why he was well-liked by many people. Whatever he was served, he ate it saying “yummy, yummy.” It is important for people because it is an expression of thanks. Since then, I had always admired him.