



Shinkiko A=B=C

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Read and Understand Easy to Understand Shinkiko Class by Masato Nakagawa Shinkiko is a vibrating energy that enhances spiritual awakening

Vol.2

Shinkiko energy encourages people to be spiritually awakened; and I have explained what the awakening is like and how it happens. This time, I will talk about the nature of the vibrating energy including the historical background of Shinkiko.

The late chairman's book called *Kizuki no Jidai* (Age of Awakening)

The late chairman had collapsed from cerebral hemorrhage in March 1995, and came back to work in June. Since then, he energetically went all around the country to explain the importance of spiritual awakening to people and also published a book called *Kizuki no Jidai* (literally means the Age of Awakening). It was since this time that the aspect of the Shinkiko energy has changed to an energy that enhances spiritual awakening.

The late chairman overcame numerous difficulties before and after he had started involving with Ki. He positively faced the difficulties that people usually run away from, and headed towards his dreams like a bulldozer. It seemed that he became sure that all the difficulties he had faced one after another since he was young were the challenges brought to him by the god of all creation with a view to

heighten his humanity. Telling me that all the things, good or bad, happen to an individual have meaning and everyone has to be aware of that, he passed away.

To believe in god

To know how he became aware of the importance of spiritual awakening, the words he said, "believe in god and love others," are the clue. These words have been printed on Ki goods such as Ki crystals, and when thinking about what they mean, although the term "awakening" is not used, I can see that his point had been consistent from the beginning. I think what he meant were as follows: the god or the universe allows us to live, so he does not give us anything futile; seemingly bad things may happen to you, but it happens in order to let your soul grow, so, believe in him; and if you become aware of the meaning of seemingly bad things, it will be a big advantage for you.

But it is difficult to be aware of the meaning. And the chance of spiritual awakening would be remote if you do not try to be aware of the meaning. To be aware of the meaning, when a seemingly bad thing happens, you should think about how you have to change yourself in order to make things better; not just blaming your bad lucks.

Also, what did the late chairman mean by "to love others?" I think he meant how much we can love others in various situations and whether we can emit positive Ki.

To love others

I had never really understood the meaning of the term “to love.” May be because I am Japanese, I found it a little difficult to adapt to the word. But one day, the universe taught me the word “adoration.” In a dictionary, it says that it means to respect someone and feel friendly to him. I felt more comfortable with this word.

The word “respect” means to value or esteem someone's personality, perception, accomplishment and deed as excellent and revere him. It is often used as follows: “a child respects his parent.” You can also say “a parent respects their child,” if a parent finds excellent points in their child, it is worth respecting him. What I mean is, if you can find good points or a sparkle of personality in others, they can become the ones whom you can adore.

During the Shinkiko Retreat Seminar, we do a training called “*iitkosagashi*” every morning. And when telling others about the good things happened to ourselves, we see that, after all, whether or not we can find good points in others depends on the listeners. That is, if we try to know others, we will be able to find good points in them, such as, things that only he or she can and only he or she has, although they are hard to find unless we try to do so. We can all adore anyone if we try.

To the spirits of those who died in the past

In old days, people must have had a tougher time because of shortage of goods and inadequate democracy. Some people who died during such times became negative-minded; and some may be still holding a strong grudge. But they did not become negative because they wanted to be so. Each one of them must have had an unavoidable reason. And what is important is that we owe this free and peaceful society to them. What I mean is, any spirit who died in the past had an irreplaceable life,

and an accumulation of their lives have shaped our present society. If we understand this fact from the heart, light will reach them.

To the living people around you

We are living under various restrains because we have a physical body. That is why everyone is always being distracted by someone or something. In other words, the negative Ki or the cause of the trouble is hiding somewhere, which means that their soul still need to grow. This applies to anyone who has a physical body. You cannot pick on others since you are not perfect. Anyone around you has a possibility of being under the influence of your negative Ki. The negative Ki is like a shadow covering a soul, but it is only temporarily there and will not remain unchanged. If you try to adore someone, you will be able to tune to the light part of the person's soul, and your soul will shine brighter.

The universe is full of a vibrating energy of adoration

It seems that a group that sends us the Shinkiko energy from the far distant universe is also watching over us with a spirit of adoration. Because there is no negative Ki in the universe, the forbidden feelings that are in the guide line of *Senshin*, such as, blame, worry and irritation seem something incomprehensible. In other words, the universe has learnt how tough a life the people on earth are leading and it is now thinking how to make our lives better and easier as much as possible. The development of the Power Unit and the white ceramic head was led by a message from the universe saying that it wanted to send more light to the people on earth.

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