



# Shinkiko A=B=C

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## Easy to Understand Shinkiko Class ——— by Masato Nakagawa Tuning to the vibrating energy of Shinkiko

I talked about the new white ceramic head and the new pendant over the last two issues. This time, I will talk about how to thoroughly receive the Shinkiko energy that has become more powerful.

### Ki has a vibrating energy-like nature

The late chairman said that the identity of Shinkiko energy is an invisible light and named it as Shinkiko. It is an energy from a high-dimensional universe that cannot be measured by modern science, and we can receive it through Ki goods and the High Genki apparatus since it gathers to them. And although the energy is always radiated from the Ki goods, you cannot absorb it unless you can tune to its vibrating energy.

Let us put it simply: there are many radio waves of mobile phones flying through the air; amid this, a message of Shinkiko is sent to a person from the universe and it makes the person's mobile phone ring; if he does not hear the ring and answer the phone, he cannot receive the information of Shinkiko. This is totally parabolic, and it will not happen unless there is a mobile phone that physically catches the vibrating energy of Shinkiko; but the important thing is to have the will to receive

Shinkiko and to take action to do so.

There is an ON/OFF switch button attached to a High Genki apparatus, but Ki energy is always radiated from it whether it is turned on or off. The “switch” turns on when we try to receive Shinkiko and then we become able to absorb Ki. So, if you are in doubt and think that “Ki will not come out of such a thing,” while using it, you will not be able to tune to the Shinkiko energy and the amount of Ki your soul can absorb will be extremely small.

### To absorb Ki energy

Thus, the more you believe that the vibrating energy of Shinkiko comes out of Ki goods and the High Genki apparatus and use them feeling grateful, the more you will be able to tune to the energy and to absorb it. Ki is not visible and cannot be proved by science; it is hard to believe that it really exists. It is also hard to believe the effect of Ki goods and the High Genki apparatus from the start. So, whenever I talk about Shinkiko to people who are new to it, I always tell them, “don't make blind assumptions, just think that there is such a thing as this,” and tell them to try it. By doing so, they will gradually be able to absorb Ki and the effect will be seen. If they start to believe in the effect if only a little, they can absorb it more. And by repeating this process, they will come to understand Ki more, and be increasingly able to tune to it and to absorb

more Ki. At first, people cannot absorb enough Ki, and in some cases, the effect will not appear immediately; so, it is important to receive Ki continuously.

Also, doing “*litoko sagashi*,” which is often explained in this magazine, is effective in feeling the effect of Ki you have received, and will lead you to absorb Ki more.

### **Favorable turn reaction (or healing crisis)**

Thus, it is important to believe the vibrating energy of Shinkiko and to take action to receive it. Please note that being doubtful about it is a cause that makes it difficult to tune to the energy. When you cannot tune to the energy with ease, seemingly bad things may happen one after another even though you are receiving Ki. This is called favorable turn reaction, because if you overcome the bad situation you are in now by receiving Ki, you will be able to gain spiritual awakening and to feel better than before. And as I said earlier, if you get over a bad situation, you will understand Ki deeper and be able to tune to Shinkiko much more. The point is, when you are having a tough time, everything depends on whether you can receive Shinkiko believing in it. You may become afraid that something unprecedented may happen to you, but this anxiety is an archenemy. So, in order to get rid of it, I recommend that you listen to many of the testimonies of the people who went through similar things; read this magazine or the weekly Shinkiko news, or contact your local center.

Also, it is important to be able to do the *litoko sagashi* in a deeper sense, in order to think why seemingly bad things happened to you. If you cannot let bad things go away easily by yourself, participating in Shinkiko Retreat Seminar might be a good idea.

### **Tuning to the change of vibrating energy**

Shinkiko is not a man-made energy; it is brought to us from the universe. It is something that cannot be explained logically since it is beyond our understanding. But it does not mean it is unusable. As you use it, you will gradually learn about it even if you do not know what it actually is and how it works, and you may find out a more effective way of using it. Moreover, the vibrating energy of Shinkiko is changing year by year, and many Ki goods are being produced to attract the energy more effectively. Thus, Shinkiko is not invariant; it changes with the times. Some people may find the change drastic; and would think the effect unbelievable if it went beyond their understanding. And they may become unable to tune to a part of Shinkiko, which has been improved. But as I explained earlier, even if you cannot understand it in your head, you can experience the effect of the improved part. If you try it, you will gradually be able to tune to the improved part of the vibrating energy; to absorb Ki more; and to experience various effects.

Suppose a power to believe is a “switch” to make your soul absorb the vibrating energy, then it is possible to make the soul unable to absorb it by making it distrustful of it. Negative-minded spirits do not like light coming into them and some of them behave like resistance. They try many ways to block light and may sometimes make people distrustful. So, we need to have a strong will not to let them get us down.

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