

Spiritual awakening allows spirits to grow

Spirits will continue to be in this universe, evolving to make more light. But the light does not just keep increasing. The light energy (Ki) of people's souls changes depending on each person's state of mind. And as I have said previously, Ki has a vibrational nature. The Ki energies that are in tune with a person's state of mind gather around that person.

When you are feeling down, and become influenced by the negative Ki around you, the energy of your soul decreases. On the other hand, if you can always laugh, you can increase your energy with the influence of positive Ki. The light of spirits is repeatedly decreasing and increasing, like taking three steps forward and two back, gradually increasing its power and brightness.

There are times in life when things are hard and we feel really stressed. In such times, we worry and suffer, being dominated by negative feelings, and we accumulate negative Ki.

The term negative Ki used here refers not only to spiritual entities, but also to anything that seems to have a negative energy, like chemicals that disregard natural providence, such as agricultural chemicals and food additives, and systems and technologies that only pursue benefit and efficiency.

However, when people manage to overcome seemingly tough times without losing hope, they will experience spiritual awakening. Their souls dramatically grow and become able to emit more powerful light.

The situation differs depending on whether or not these souls have a physical body. What a soul without a physical body (spirit) can do varies depending on the powerfulness of the energy it has. If a person dies losing much of their energy, their spirit cannot go anywhere by its own will. In a case such as this, the spirit is sometimes tied down to the spot, or sometimes wafts here and there being drawn to the energies that are in tune with it.

We let out our stresses by going to hot spring resorts, consulting with someone about problems, going to Karaoke, going out for a drink and eating out. But without a physical body, this is not possible. If a person dies with negative feelings, or feelings of pain, such as sadness or anger, the feelings remain for hundreds of years, unless the person's spirit is given some energy from us, the living people.

Because we have to make efforts to meet our needs, such as eating and dressing, having a physical body is, in a way, an inconvenience. Also there are times when we feel down and lose an immense amount of our energy, but being alive allows us to increase the energy more effectively.

Everyone is under the influence of negative Ki

We have come into this world from the universe in order to let our souls grow. This means that all souls are not perfect, but are on their way to growing up and still have chances to heighten their awareness. Everyone has faults, so simply put, there is a part of the soul where the brightness of light is weak. This is where negative Ki accumulates, and it means that anyone can be affected by negative Ki.

Also, we are sometimes affected by not only the negative Ki from our families and friends, but also from dead people, such as our ancestors.

When we are affected by negative Ki, our life energy becomes low and we sometimes suffer things such as, stiff shoulders, fatigue, being sensitive to cold temperatures, and illness. Especially when we are affected by negative minded spirits, we are likely to feel down over trivial things, get angry, get irritated, experience more sorrows and hardships, feel stressed over relationship problems, be unable to do things properly, and say evil things that are not necessary to be said.

Our feelings and bodies become so much affected by the negative Ki that they go beyond our control.