

Ki

An Energy of Light That Fills Your Mind, Body, and Soul

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Preface Prologue: Special Talk “Ki, macrocosms and people”

- Trip with the late chairman, Nakagawa to heal people of the Navajo Nation
- Visited China, thinking “This may work...”
- Modern science cannot elucidate, so I will not pursue
- Pushed by a staff member, I took the challenge to open a new hospital

Chapter 1

Shinkiko – An unknown energy which has not yet been substantiated by modern science

- Shinkiko is an inexhaustible energy omnipresent in the universe
- What is Ki?
- Positive Ki and negative Ki
- We are originally born to make our souls shine
- The existence of spirit that modern people have forgotten
- This world consists of spirits exchanging their energies with each other
- Spiritual awakening allows spirits to grow
- Everyone is under the influence of negative Ki
- Effect of positive Ki, Shinkiko energy
- All things in the universe support each other
- The universe demands further spiritual awakening and evolution for spirits
- Great will of the universe
- Shinkiko energy to people in all fields
- People are supported by the universe

Chapter 2

From a time of healing to a time of spiritual awakening

- Guided by a dream, the Shinkiko therapy and the High Genki machine were born
- The High Genki machine transfers Ki sent from the universe
- From healing to spiritual awakening – the Shinkiko energy has evolved
- My encounter with the Shinkiko therapy
- Overcoming the death of the late chairman
- The Shinkiko therapy evolves according to the will of the universe
- The light of support sent from the universe

Chapter 3

We are under the influence of intangible world

- Understanding the great power beyond the material world
- We are always under the influence of other spirits
- The vibrating energy of the mind attracts negative energy
- Sending Ki to lost spirits
- What is needed is consecrating the spirit, not dispelling it
- Interacting with the spirit of a samurai (a warrior) without an arm
- Talking with a spirit wounded in battle
- Spirits that do not know they are dead
- Spirits that hang on to this world
- Spirits that want to stay where they are
- The number of lost spirits is increasing

Chapter 4

Receiving Shinkiko, an energy of light that exists beyond human knowledge

- What is the real purpose of receiving the Shinkiko energy?
- How to receive the Shinkiko energy
- The effect of High Genki is semi-permanent
- How a High Genki transfers Ki
- “Remote Shinkiko therapy” – sending energy long distance
- Heads and Ki items to charge the Ki energy
- Development of the products that can send Ki energy efficiently
- Feel the energy and let it soak into your soul – “Soft Head”
- Feel the energy and let it soak into your soul – “White Ceramic Head”
- Feel the energy and let it soak into your soul – “Mini Roller Head & Point Head”
- The Ki transferring machine that has been constantly evolving
- The ways of receiving the Shinkiko energy have entered a new stage
- User’s awareness enhances the power of High Genki
- The Shinkiko Retreat Seminar – where the most powerful Ki is transferred

Chapter 5

How things change after receiving the Shinkiko energy

- All the spirits are in the right places
- The vibrating energy of the soul creates the future
- Spiritual phenomena brought about by the Shinkiko energy
- Only we, the living, can send light to spirits
- “Consciousness” is the key to control Ki
- “Spiritual awakening” through negative experiences
- The reaction to “Favorable turn” caused by light
- Be aware of negative feeling and overcome the reaction to “favorable turn” early
- The negative things that happen around you while receiving Ki

- The necklace that broke many times
- The light is not enough! A spirit that committed suicide became aware
- Negative phenomena reaches its peak and eventually vanishes
- Great spiritual awakening in trivial matters
- When a negative phenomenon does not improve smoothly
- Some of the spirits of your ancestors wish to receive Ki

Chapter 6

Our Shinkiko experiences: The Important things the Shinkiko therapy gave us

- The Shinkiko energy revitalized my mind and body, and gave me the will to live:

Mr. Tesuo Tokuta (54) from Tokyo

- Practicing “looking for good parts” allows me to put my thoughts in order and enjoy life: Mrs. Yoshiko Goto (54) from Osaka

- I want to say “It’s all right,” especially to those who are suffering: Mr. Tokio Takamura (51), Ms. Mihoko Takamura (48), and Mr. Daiki Takamura (25), from Ibaraki

- After overcoming social phobia, I am being naturally led to grow, cocooned in love and grace: Ms. I. M. (46) from Osaka

- The Shinkiko therapy is nothing special for me. It is part of my life, as routine as brushing teeth or washing face: Ms. Masayo Watanabe (48) from Tokyo

- Shinkiko lifted me up to a higher level as a person, and also saved me from a freak accident: Mr. Teruyoshi Yasunaka (53) from Fukuoka

Chapter 7

Mind exercises to maintain the vibrating energy of a higher consciousness

- To tune in to the Shinkiko’s vibrating energy
- Get rid of doubts and stereotypes
- Adding up energies
- Try the way to receive the Shinkiko energy that suits you
- Just relax; it’s OK to let yourself feel sleepy or your tears run down
- Visualization allows Ki to penetrate more powerfully
- How to gather Ki while moving your body
- Applying visualization to Kiko exercises, yoga and breathing
- Mind purification and looking for good points
- Visit our centers and talk to the staff
- Shinkiko lessons allow all the centers to tune in to each other
- I tune in to the state of each participant in the Shinkiko therapy session
- The Shinkiko Retreat Seminar
- How can we overcome the reaction to “Favorable tune” easily?
- Great consciousness has a huge amount of energy
- Shinkiko is an energy of light to be received by our soul