

(21)A shadow pretending to be light-2

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(Carrying on from last week) The yadokari-sans (body-tenants) who were holding a grudge against Mr. A, came to him in order to let him know what his ancestor did to them. In those days, taking revenge on others was acceptable. It must have been a matter of course to retaliate; like an eye for an eye. It does seem a natural thing to do, but radiating negative ki like grudge will eventually attract another negative ki. Gathering negative ki one after another, will make you suffer more. Although they did not know about it at first, they became aware that they were doing the wrong thing as the light of Shinkiko energy went into them. At the end they became aware that Mr. A himself had had nothing to do with their pain and that, on the contrary, their mind had been eased by him. They felt sorry and became grateful for him, and set off for the world of light.

In this body-tenants' case, their small grudge, which seemed reasonable, had kept attracting a lot of negative energies for hundreds of years and eventually became a powerful shadow. I think it was Mr. and Mrs. A's efforts of always supplying themselves with Shinkiko energy with their whole heart that had let light reach to the body-tenants, who were suffering in such a deep place.

Times have changed, and nowadays, maybe not so many of us seriously hold a grudge against someone or are being hated by someone, but similar things often happen in our daily lives. For example, when you make someone realize their mistakes, which seems a good thing to do, you tend to take out negative energies on them; that is, you are likely to relentlessly accuse them, get angry at them or blame them. It seems like you are giving them light, but on the contrary, you are just accumulating negative energies within them and within yourselves as well.

We are living with our body in order to let our souls grow. So, conversely, there is no one around who is perfect; no matter how brightly you are shining, you must have some kind of shadow. And the brighter your soul shines, the more the shadow stands out like an object exposed to a strong light. The shadow disguises as light at first and it is difficult to find it. But once you become aware of it and accept the shadow as your negative part without leaving it as it is, the shadow will get ready to turn to light. As you charge yourselves with Shinkiko energy your soul will gradually grow and eventually you will become able to devise a way to let others become aware of their own shadow part.