

(8)Spirits “go inside” things

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Invisible spirits not only float in the air as a life energy, but they also “go inside” a thing or stay at a certain place. Especially those who do not have anything to turn to are likely to go inside things most of the time. In a broader sense, water, place and human body can be considered as a type of the thing. The thing in general includes various objects from tiny things like a needle to huge things like a building. It seems that when spirits become spiritually in tune with a thing, they will be drawn to it. What I often hear is that they are attracted to things like dolls or clothes that they cherished, or jewels that they were emotionally attached to. Also I often hear of old wells and school buildings. It may be because I hear many stories related to those things, I sometimes feel some sort of melancholy mood or peculiar atmosphere from them. But it is not a big deal even if there are spirits dwelling inside them; there is nothing to be scared of.

I think the important thing here is how you treat the thing. Constantly taking care of a thing and using it feeling grateful, will allow you to emit a positive ki (or light). The light will give its energy to the spirits dwelling in the thing, heightening its ki, and in return, the user will get a more positive energy from it. It has often been said from ancient times that craftsmen take a good care of their tools they use, and this is a good example of a positive energy cycle. Why were things made in the first place? There have always been reasons for making things. They gather a joyful ki for the first time when they are used and their primary role is fulfilled.

In this sense, if there are many unwanted or unused things in your house, negative ki like sadness or loneliness will gather. You should not buy unwanted things even if they are cheap. If unwanted things are given from others, or if things are left unused, they rapidly attract spirits with loneliness making themselves feel sad as well. You sometimes cannot get rid of things because you feel it is such a waste to lose, but if they are never used, they will gather negative ki. The same applies to buildings. Cleaning and taking care of buildings will gather positive ki. Even if a negative-minded spirit goes into them, he will be given positive energy from them. It must be the best way to give unwanted things to others who need them. Owing things means you have to take care of their ki energy as well; so owners' responsibility is grave.

The season for cleaning house at the end of the year will come soon. Let us always take a good care of the things in and around the house, feeling grateful to everything, in order not to accumulate negative ki.

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