

## (2)Introduction

Some people do not feel anything special while they are receiving the Shinkiko energy. But there are some who response to the energy in positive ways: feeling better, drowsy, somehow feeling grateful and so on. Whereas some response in negative ways: they start crying, yawning, coughing, feeling pain, saying things, feeling sad or irritated. Many people gradually respond either positively or negatively as they receive Shinkiko energy continuously, even though they do not feel anything at first. Even if people experience a negative response, it is only temporarily; it will soon change into positive.

Why do people experience the responses and feelings that are irrelevant to their state of mind at a time when they receive ki? On reflection, this kind of things happen in our daily lives too. For example, there must have been times when you unwittingly said something you did not really want to say in the heat of passion; when you felt like crying seeing someone crying; or when you happened to hit upon an outrageous idea. I guess that we are always, more or less, under the influence of some other conscious bodies that have feelings different from ours. And they are the spirit. It is different from the body; it will stay even if the body is gone. The number of people who have died so far is numerous; so there must exist thousands of spirits who already lost their bodies, around us.

When I say such things, some people feel frightened and think, “What if I become possessed?” They also say, “I will be scared if it is an evil spirit, but if it is a guardian spirit I will welcome it.” There must be so many dead people with varieties of feelings just like we are all different. Some must be holding a grudge against someone, feeling grateful to someone, feeling grief over their death or feeling hopeful about setting off for an unknown world. Also, although people temporarily forget it, there is certainly warmth deep inside anyone’s heart; the same applies to the dead.

When negative responses eventually turn into positive after receiving ki, it means that Shinkiko energy has reached to your soul and refreshed your mind.

Spirits are in various states of mind. When they get the energy, their feelings come to the fore and seem to appear beneath our awareness. So, sometimes, negative-minded spirits temporarily make people to experience strong negative reactions, but they eventually turn into positive.