

1) In serializing the spiritual talk

26th April, 2001

When you look up the word “spirit (or soul)” in an Iwanami Japanese dictionary, it says that “It is said to inhabit inside the body and control the mind. Since ancient times, it has been thought that it is distinct from the body.” From this, I assume that it is a very important thing that controls the mind. But the phrase “It is said” implies that that is just a theory, and it seems to mean that the spirit is something that is not needed in this current world in which medicine and science are developed.

But why has this word always existed? Why do all languages have words synonymous with it? I use the word in my everyday life, but I myself was never given a thorough lesson on it during my school days. It seems that, although spirit has always been a very important thing for people, they gradually stopped thinking about or mentioning it, for it looks religious-related and elusive. I cannot help feeling that many problems that occur in the modern life are caused by our ignorance of the spirit.

As a healer, I send Ki, Shinkiko to many people here and there. And some people start crying unwittingly, start feeling pain and start telling stories while they receive Ki. These people unanimously said that they were conscious but had no idea why they started talking nonsense.

From their stories, I suppose there must be some other conscious body called spirit, and it appears when people receive Ki and starts telling his or her story by using the Ki receiver’s mouth and body. Those who do not believe in such things may say that their stories are just their subconscious mind or delusional dream caused by their experiences in the past, or even just visual and auditory hallucinations. It is easy to dismiss them as some kind of delusion, but by listening to stories of the spirit-like things and understanding them, I learned a lot of things. It is useless to argue over whether the spirit exists or not since you never know the truth until you die. Hence, I would like those who do not believe in its existence to benefit from viewpoints of the incorporeal existence that are somewhat unbelievable for us with a physical body.

Also, I am sure those who do believe will get a clue to polish their souls more if they deeply know the thoughts of the various spirits I have met. So, I am going to start an irregular serial. I will talk whatever comes to my mind about the spirit. (To be continued)