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Shinkiko energy has allowed me to progress as a person; also saved me from a freak accident

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Mr. Yasunaka, who has received Shinkiko energy for 15 years, says that the High Genki apparatus was the best thing he bought in his life. The long story of his life that started from his stiff neck in his childhood and until he encounters Shinkiko energy --- he also has had a narrow escape from death. His story gives us a chance to learn the profound meaning behind every event in life.

A massage practitioner told me my stiff neck was caused by gastroptosis. When I was in kindergarten, a neighborhood man bought me a bicycle. My stiff neck had started since the time I was dragging around this heavy bicycle that was too heavy for me to ride, and had suffered from it for 35 years until I got to know Shinkiko energy. My grandmother and mother always gave me a massage. I not only suffered from stiff neck but also from nasal allergy; I always had to carry loads of tissues. My mother also got stiff neck easily; she had to get a massage every day. The massage practitioner, who I started seeing often after I had graduated a university, used to tell me, "I don't think you can do a tough job because you inherited your mother's constitution."

Then one day, the practitioner told me, "Stiff neck is caused by gastroptosis," but it did not really ring the bell. But just at that time, I happened to find a book written by the late chairman, *Naoranu byouki ha ikasui wo utagae* (literally meaning: suspect gastroptosis when suffering incurable diseases) at a library. The practitioner's words were always on my mind, so I was very interested in it. The location of one of the SAS centers was shown in the book, but I thought that it would cost expensive to visit there and that Shinkiko energy was probably for serious diseases like cancer; not for milder symptoms like stiff neck. So I let it lie. Then after a while, the practitioner was hospitalized after an accident, and I became

unable to get a massage. After that I went to see many other massage practitioners, but none of them were good enough and my condition did not improve. Then I remembered the book I found at the library.

The High Genki apparatus is the best purchase in my life

The SAS center had been moved to another place, but I finally found it after a diligent search. When one of the staff at the center applied the High Genki to I and my mother for the first time, I thought, "Oh!" I could clearly tell the difference; I really felt my stomach moving up. When I had a massage in order to move my stomach up, I always had to keep it empty in advance. But with the High Genki, there was no need for it, and also no need to sleep after I had it applied. I did not feel heavy after my stomach had moved up. So I felt certain that if I apply the High Genki to myself at seven in the morning and at ten in the evening every day, I would get better. My mother told me not to be taken in and not to buy it (laughter), but I thought, though 300,000 yen was surely expensive, buying it would be like having a personal Kikou therapist at home. One massage costed 3,000 yen, so I thought I could get my money's worth from it after 100 days. One week after that, I went to the center alone as a last resort and bought the High Genki apparatus. That was when I became involved in Shinkiko. It was in September, 1994.

Two or three years after that, my stiff neck and nasal allergy that had long been troubling me improved. It used to be a pleasure for me to be given a massage by a hairdresser after a haircut, but gradually I began to take a pass on the offer before I knew it (laughter). I was surprised myself.

Meanwhile, I had been working as a laboratory technician at hospitals, and I did blood test, ran an electrocardiogram, scanned brain waves and so on. I went around several hospitals and four clinics specializing in health check to work. Until I got to know about Shinkiko energy, I had no time to spare; it was really tough both physically and mentally. Every day was full of stress. On top of it, at worst times, when I was on duty, sometimes there were nights when I had to be woken up by phone calls repeatedly. Also, when I had to go to another hospital for help, sometimes I worked there until morning and came back to my work place to work until ten at night as usual.

But since I encountered Shinkiko energy, my working environment gradually and marvelously improved. The hospitals themselves were still busy, but I was assigned to hospitals and departments that were less busy than before, which made me do my work more properly. Also, I used to think it was not necessary to do works other than checkups; but gradually I started helping others' work at other departments and started talking to other staff doing different type of job, which made my work fun.

Now I am working at a long-stay type hospital located nearby ocean with clean air and nice views. There is a mental health ward for young people, and the hospital's environment allows all the staff to communicate with each other despite their difference in job. Compared to the previous work places, it is a much better place. I really feel that I could not have been assigned to such a nice work place without getting to know Shinkiko energy. I received a lot of good Ki, and I could feel that my level as a person increased; that must have been why I got a better work place. For me, the High Genki apparatus was the best purchase in my life.

Got to know various people at the Shinkiko Retreat Seminar

I participated in the seminar for the first time nine years after I got to know the energy. The staff had been suggesting that I should go; I myself always wanted to participate and buy the SAS 3-layered Pendant, but I had no time for it.

Then one day, the schedule of the seminar coincided with the successive holidays in May; I thought it was a perfect timing but found out that I did not have the necessary money. Soon after I thought, "I can go if I had the money," I learned that the money I got from cancelling my life insurance had been paid into my account; I immediately contacted the center and applied for the seminar. It was two or three days before the seminar started. I was very lucky.

In the seminar, I learned a lot of things by learning about "Senshin(Mind purification)" and etc. I could also get the 3-layered Pendant and a Shinkiko video by participating in the seminar. I was really glad that I could participate; by learning how to emit Ki from my own hands, I could send the energy to my colleagues at work. Moreover, I could directly talk

to the members of the SAS Association and the staff who often appeared in the monthly magazine “Hi Genki”; the seminar was really fruitful. I was very happy to be able to feel more familiar to the Shinkiko energy.

“Narrowly survived” a motorbike accident

I had a miraculous experience three years ago. One day I was riding home on my motorbike after work. I rode about 36km, and at 2km way from home, as soon as I ran into an intersection on a green light, a light automobile in the opposite lane made a U-turn right in front of me. The distance between my bike and the automobile was only about 5m, and I was running at 50km/h, which was the limit for that national road, so it was too late to put on the brake. Instantly, I remembered what to do in an emergency, which my senior had told me: I straightened up the bike body and upheld my body with my both arms and knees, and prayed, “I don’t care about the rest, but guard my body!” and pictured my body being shielded in my mind.

I could remember the moment of the collision, but not after that. Then I suddenly realized that I was standing with my hands gripping the handle. I thought, although I collided I survived, but then I felt my legs hurt and found the inside of my knees had been scraped a little. I tried to move my bike and go, but it did not move. The front tire had been blown off and was gone.

When policemen came to see the crash scene, they thought the motorbike driver, I, must have been bodily crashed, blown away and badly injured, and must already have been sent to a hospital. They ignored me and started to question a woman driving the light car. When I told them the motorbike driver was me, they were surprised with a look on their faces that said how did you survive? (laughter). The accident was bad enough to kill someone.

At that time, I was wearing the 3-layered Pendant and a Mini Stick Head, so I was certain that I had been guarded. I have always thought everything that happens has meaning. So I did not get angry at the woman; my mind was just full of gratitude that I survived. I even let her use my mobile phone on seeing she did not have it and wanted to use it. Although I nearly died, I did not suffer any after-effects; I could also coolly

handle the accident at ease. I really owe everything to Shinkiko energy. I can never thank it enough.

Invisible force makes me buy Ki goods

After all, it was considered that the accident was virtually the woman driver's fault, and with the compensation money I received from the accident, I changed my 3-layered Pendant with an 18 carat gold one, and in order to receive more Shinkiko energy, I bought other Ki goods as well (laughter). I also bought a new motorbike but last January, I stuck my leg between a curb and my bike, and I broke my leg. It was all my fault. After that, I bought a White Ceramic Head. I have never really actively bought Ki goods; somehow, I find myself in a situation where I have to have them, and I am led to do so. I feel that an invisible power which turns negative into positive forces me to do it.

Other than that, I bought my mother a Gold Head on a mother's day. After learning the effect of it, she said to me, "Why didn't you buy this from the first place?" and chided me. At first she was very doubtful about the effect of the High Genki apparatus and was very much opposed to my buying it, saying I would be deceived. She is extremely carefree.

My father died in the winter of 2008, at the age of 82; he never accepted Shinkiko energy. But I had bought a Personal HG under the name of my father, and I put it in his pillow; so the light must have reached him enough. One week before he died, he was talking to my sister and said, "I want to die suddenly," and he died precisely as he said. He died in peace. Maybe, he must have learnt the beauty of Shinkiko energy by now (laughter).

I think that medical care should not just rely on Western medicine; it should think extensively about people and disease, just like holistic medicine examines patients from a variety of angles. It is ideal to prevent disease before it occurs by making use of the power of Ki and adopting healthy diet, such as brown rice, which I learned in the Shinkiko Retreat Seminar. These days, I hope everyone including me can think about these things this way.