

Be aware of negative feelings and overcome favorable turn reaction early

The “shadow” or negative-minded spirits around you are of great variety: from the ones that have been with you since your ancestors’ time to the ones that came after you were born. Everyone has these spirits; if you overcome seemingly bad things, they can change into light, and both they and your soul can grow.

The negative-minded spirits that came after you were born were drawn to you by resonating with your negative feelings that had been generated from the worry, agony, sorrow and stress you have experienced in your life.

On the other hand, the negative-minded spirits that have been with you before you were born, are the ones that were drawn to your ancestors or the dead people who were deeply associated with them.

By focusing your mind on the shadow (the affected areas on your body or your negative feelings) and on gathering Ki to the negative-minded spirits while you are receiving Shinkiko energy, you can sometimes feel their negative feelings if you try to do so. And this is when a strong resonance occurs between the shadow and the light; and then the shadow will be purified.

So, it is good to wonder about many things while receiving Shinkiko energy; for example, about your stresses, worries, the hard times you went through and your family and dead ancestors who came into your mind.

Being aware of the negative feelings of the negative-minded spirits around you will help them turn into light with ease, and it will be a trigger for you to overcome favorable turn reaction quickly.

The negative things that happen while receiving Ki

It is important to know what sort of negative things happen when favorable turn reaction occurs, in advance. Seemingly bad things happen accompanied by the growth of your soul; so, they can happen not only to yourself but also to your family, friends and the people around you, and also to anything around you; your pets, animals, plants and etc.

Also, the bad things are sometimes closely related to the spirits of the dead. Here, let me explain in detail about the bad things that happen to your body and mind and your surroundings by dividing them into categories, due to these spirits.

- The negative things that happen to your body

The things that happen to your body are of great variety: pains, lassitude, uncomfortable feelings, injuries, sicknesses with apparent cause and etc. They either appear naturally or appear easily by the influence of other factors. They are easy to perceive since they appear on your body, but it is sometimes difficult to be aware of their real causes.

Suppose you fell over and sprained your right leg. You are likely to think that it happened because you were careless, but it may have been caused by the negative-minded spirit who wanted hurt your right leg by making you careless.

- The negative things that happen to your mind

The bad things for your mind are anger, sorrow, worry and anxiety that are triggered by something, which makes you feel heavy. Getting often irritated by feeling stress is also one of them. Unlike pains in your body, you tend to think that they are just caused by your anxious mind or short temper, and often you do not become aware that you are under the influence of negative Ki.

But if you go back to your childhood, you will find that the things that you have dismissed as your innate personality, are actually due to an accumulation of the influence of the negative Ki around you. So, when you feel down or low, it may be the influence of some sort of negative Ki.

- The negative things that happen around you

The things that happen around you overlap a little with the two things mentioned earlier. If negative things happen around you many times repeatedly, it will be easier for you to learn something from them. But because the problems occur to the people around you or your surroundings, you are likely to think that they are someone's or something's fault. For example, when the negative Ki you have affects your surroundings, your family may get into a same trouble many times, or you may meet car accidents due to no fault of your own. This kind of things are not caused directly by you, but they make you feel heavy and makes you sick or hurt. So, it is best if you can be aware of that point sooner.

The necklace that broke many times

From here, let me tell you about some stories out of my experience. There was a person who found out about a spirit who was unknown to her by something unexpected. One day I got an e-mail from a person who was using the Shinki-ishis (Shinki stone) necklace, one of the Ki goods that SAS was selling before, with the letters of Shinkiko engraved on it. The mail said: "I would like to ask about the Shinki-ishi necklace. It has been two or three years since I bought it, and as far as I can remember, its thread had broken about four times, and I had it repaired and had Ki put into it every time it broke. The other day, when I was riding home from my wife's parents' home during holidays, I somehow felt sick in the car, so I undid the necklace and held it in my hand. Then the thread broke again. I would like to know why

the thread breaks so often.” The thread of the necklace certainly breaks if it is physically worn out, but actually the most shred-resistant thread is used for it.

As far as I can tell from my experience so far, if the thread often breaks like this, there must be a spiritual reason for it.

Then I remembered a time when I sent Ki to a lady who was using the necklace, in a chairman’s session before.

Before the session start, I asked her (Ms. A) if there was anything wrong with her; she said that her throat hurt a little. When I started sending Ki to the participants including Ms. A, the woman, Ms. B, who was standing next to her, started talking in a different tone to her usual tone and started suffering.

Ms. B seemed to have something wrong with her throat and was constantly putting her hand around it. I thought, there must be a spirit who was in torture, so I earnestly kept sending Ki to them. Then after a short time, Ms. B’s face gradually softened and she became able to talk.

According to the spirit inside Ms. B, he was actually associated with Ms. A, and he had been letting Ms. A know that his throat hurt by breaking her necklace many times. It was Ms. A, who applied for the Shinkiko seminar, but it might actually have been him who really needed to receive Shinkiko energy.

As the spirit received Ki for a while, he said, “At last, I’m noticed today; I can turn into light and go,” and went away.

It was true that Ms. A’s Shinki-ishi necklace had broke very often. Both Ms. A and B said they learned something from this event, and so did I. Also, Ms. B probably had some sort of relationship with Ms. A or the spirit, and that was why she attended the seminar by chance.

The Ki goods sometimes break or change in some ways to let the user know something. It is tough when some kind of negative energy affects you, but the goods may take your place to protect you.

When such a thing happens, please do not hesitate to use the High Genki apparatus, or visit our centers to receive Ki intensively, since there must be some reasons behind it.

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