



Shinkiko A=B=C

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Ki — A Light Energy that Fills Mind, Body and Soul vol.9

Chapter 3

The relationship between the Ki, the spirit and the material world

We are under the influence of the intangible world. The tangible world and the intangible world --- they are not separated with a wall-like thing. The huge intangible world exists as if wrapping the tangible world, and we are living in the both world simultaneously. Sometimes, various energies possessed by the intangible Ki and the spirit, appear in this three-dimensional material world in the form of a phenomenon.

Understanding the great power beyond the material world

In this chapter, let me talk a little about intangible things such as the spirit, the ghost and the paranormal world.

We tend to limit ourselves to thinking about things that are tangible and touchable, and to assume that anything that cannot be verified with science does not exist. Rather, the things that can be verified by science are only a small proportion of all the things in the world; even the identity of the mind has not yet been explained.

Any phenomenon that occurs in this world is actually caused by various energies that exist in this material world and the intangible world beyond physics. Troubles such as sickness, accidents, problems involving human relationships and money do not happen by chance; the intangible world behind us is involved. There is always a cause for any

phenomenon. Without understanding a deep relationship between cause and result beyond physical law, it is difficult to be aware of the great power beyond this tiny material world and the great function that the spirit has.

If the Shinkiko energy is sent to the intangible world, it allows the material world to change. In order to make good things happen, the energy gives light to a cause itself and changes things.

We are always under the influence of other spirits

The essence of human life is the soul. It cannot be seen, and Shinkiko energy is also an invisible light. Likewise, this world and every life in this world consist of invisible things; what we can see is only a small proportion of the whole thing.

But there are positive Ki and negative Ki constantly coming and going, and also many spirits such as negative-minded spirits, positive-minded spirits and spirits with or without physical bodies. Above all, the spirits without physical bodies have an important relationship with us, which cannot be ignored or denied.

We are, more or less, always under the influence of some other spiritual entities.

When you receive Shinkiko energy, your body reacts in various ways. You may react in positive ways such as, feeling better, feeling drowsy and feeling gratitude for something. Or,

may react in negative ways such as, crying, yawning, coughing, feeling pains, feeling hurt, vocalizing and feeling sad and irritated. The reactions are sometimes unexpected or something completely different from your feelings.

Then, why do these things happen? Come to think of it, there are many times when the same things happen in our daily lives. For example, in the heat of passion, we tend to say things we usually do not want to say; when seeing someone crying, we feel sad; suddenly hit on a ridiculous idea; and so on.

These things happen when you are affected by some other spirits. The spirit and the body are two different things; even if the body is gone, the spirit still remains. And the spirit often sends messages to living people by using their bodies. The late chairman used to affectionately call any spirit including the ones that haunt people *obake* (literally meaning the ghost), and often persuaded them by telling them, "You are dead, head for where you can see light."

Throughout the long history of mankind, countless lives have been lost, which means that there is a great number of spirits who lost their physical body around us. There may be some people who are afraid of being haunted by them, but if they are good spirits like spiritual guardians, people may welcome them.

Just like we, the living people are all different, the spirits' feelings also vary a great deal. There are spirits who hold grudge against others; who are thankful for others; who deplore their death and who hesitate to set off for an unknown world.

When people are born into this world, they are very innocent. Babies are not born with grudges and hatreds. Anyone or any spirit developed grudges and hatreds due to the many hard times he experienced, while he was alive. Anyone or any spirit used to have compassion for others deep in their heart, although they sometimes forget it.

If the negative-minded spirits who negatively affect people receive Shinkiko energy, they will feel better and feel thankful for having been saved from the pains they were suffering. And they will be like spiritual guardians, who watch over us.

The vibrating energy of the mind attracts negative energy

When we hear the words "haunted by ghosts," people usually think that it is scary and that it only happens to someone special. These days, less people develop a feeling of anger or grudge that is strong enough to hold until after death. Then, what actually does "being haunted" mean? I personally think that it is no big deal; anyone is affected by the spirits without physical bodies.

For example, we tend to attract spirits who have the similar vibrating energy to ours. As the saying goes "like draws to like," and just like we make friends with people with similar views and feelings, the vibrating energies we emit attract similar energies.

The same holds for when you are worrying too much or when you are being pessimistic; bad things will actually happen. Negative vibrating energies attract negative results.

Also, there are spirits of your ancestors who are crying out for help because they want to get rid of their pains and sorrows. They are so helpless that they try to make the living people know about them. They might have been affected by some kind of spirit and might have been suffering for them when they were alive. And in some cases, the same thing is happening to their living offspring.

That is why it is important to always fill ourselves with positive Ki. The spirits or souls with full of positive energies keep negative Ki away and also gives positive energies to the spirits around them including their ancestors and families.

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