



# Shinkiko A=B=C

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## Ki — A Light Energy that Fills Mind, Body and Soul vol.6

### Great will of the universe

We often emit negative Ki when we blame or condemn others at work or home. Accumulation of such deeds rapidly attracts many negative-minded spirits, and when they swell huge, it results in war.

Thinking this way, if each one of us daily makes effort to make seemingly bad things into good things, we can get support from invisible spirits and become able to gradually spread a happy Ki. And it will reach to remote conflict zones, like a spreading light.

The late chairman, Masato Nakagawa, the founder of Shinkiko therapy used to say, "The aim of Shinkiko therapy is not curing diseases, but making an environment in which all the living things can live in peace," from the start. It is true that people can increase the capacity to heal themselves and their diseases can be healed with Shinkiko, but its real aim is loftier. I think that the universe wanted all the living things, from human beings to animals and plants, to live in peace; that is probably why it let my father see "the dream" and let him start a Shinkiko therapy.

### Shinkiko energy to people in all fields

The late chairman often used to say, "There will be a time when this Ki would be the main pillar in many fields such as commerce and industry." In interviews of scientists or inventors, I often hear them saying that they hit upon a new idea when they were taking a bath or feeling blank or seeing a

dream or feeling relaxed.

Great revolutionary inventions and discoveries lie outside our conventional thinking pattern. It looks as if people come up with new ideas on their own, but the ideas are actually told to them by the universe in the form of inspiration. But if we are under the influence of negative Ki, it blocks us from becoming aware of the messages from the universe. When our consciousness heightens and reaches to a certain level, a new "door" opens in our mind. This is how a phenomenon called miracle occurs.

The Shinkiko energy encourages the phenomenon to occur. By making use of the energy, and when our consciousness tries to tune in to the universe, we are given wisdom and intelligence that none of us have dreamed of, in the form of spiritual awakening. And I personally think that, with this wisdom and intelligence, a brand new industry and commerce will develop that can be replaced with the present, materialistic, unbalanced civilization. I am sure that the Shinkiko energy will build a new civilization and will become the main pillar of it.

### People are supported by the universe

Human beings have progressed this far, developing civilizations and trying to reduce conflicts during the long history of mankind (it may be just a short period of time, from the standpoint of the universe).

But have this progress been made by our own will alone without any guidance?

I do not think so. I think that that people have

been enhanced by some sort of energy and endless support from the universe; that is why we now exist.

But we have many problems, such as unending serious wars and conflicts; and profit of only part of the people is given priority over anything, where as famine and poverty show no sign of ending. Also there are many worries and negative phenomena everywhere around us. There are depression and new unexplained diseases that have no treatments; the global financial crisis, in a sense, brought about by desire and money that rushed around the world across borders and the major depression that is said to happen only once in a century... It seems to me that we are running out of time to just lean back and wait for time to solve everything. We all have to grow our souls further effectively. Doing so allows the whole world and each individual to achieve a future blessed with prosperity and harmony.

So, please be prepared to receive Shinkiko energy with your shining mental vessel. The Shinkiko energy is a light that supports us from far out in the universe and is an energy of soul.

## **Chapter 2**

### **The past 20 years of Shinkiko therapy From a time of healing to a time of spiritual awakening**

The Shinkiko energy — a light energy sent from a far distant high-dimensional universe. It is immune from any religion or thought that has existed so far in the world. The late chairman, Masato Nakagawa had named this light “Shinkiko,” which encourages and supports all the living things in the world, and our activities started.

#### **Guide by the dream, the Shinkiko therapy and the High Genki apparatus were born**

Let us think again what the Shinkiko therapy is. It is not one of the Chinese health management methods such as *Naikikou*, which keeps your body

fit and heals disease. It is not a martial art like *Aikidou*, which throws people by an invisible power either.

Shinkiko energy is a light energy that allows all the spirits in the universe to exist and lets them work with vigor. The modern science cannot prove its existence nor can it prove where it comes from and what it is exactly. I personally think that it is a kind of energy like heat, electricity and electromagnetism, and it has not yet been identified by science.

It was my father, the late chairman, who named this light energy, “Shinkiko,” but he himself did not know what kind of nature it had from the start.

He found this energy, guided by the dream he saw. My father, who used to be a clockmaker, met a white bearded old man in the dream, and was taught how to make a machine that transfers Ki, in 1986.

He himself did not know what the machine was for, but he thought something was coming out of the tip of the machine, and he applied it to water and a cup of coffee.

Since his father was a healer, he started applying the machine to the people who had stiff shoulders and backache; and surprisingly, their symptoms changed. This machine was the first High Genki apparatus.

Moreover, the white bearded old man appeared in his dream again and told him, “Your hands can emit Ki. So, go and heal people.” It was on December 23rd, 1988, two years later since he saw the old man for the first time in his dream that night.

From the next day, the late chairman was able to emit Ki from his hands. That was when my father's new life as a *Kikou* (or Qigong) therapist started.

Then, after a while, the old man appeared again and told him, “Everyone will be able to emit Ki; so teach them how to do it.” In March 1990, he started running a camp, the Shinkiko Retreat Seminar. He thought it was his mission to let as many people as possible know about the Shinkiko energy and to train people to be a transferrer of the energy like he was.