



Shinkiko A-B-C

しんきこう えいひーじー



Ki — A Light Energy that Fills Mind, Body and Soul vol.3

Chapter 1

Shinkiko — a light energy that makes people evolve

Shinkiko An unknown energy which has not yet been detected by modern science

We are not just beings that have this tiny, fragile body. Our body will one day perish and disappear, but our soul remains in the universe without vanishing. The soul is the central character of a life. And we should now get rid of our selfishness derives from our tiny physical bodies, and choose the way of life that makes our souls shine; for the future of the earth, and for ourselves.

Shinkiko is an inexhaustible energy omnipresent in universe

Shinkiko is an energy of light. It is not emitted from people, nor can it be artificially generated by electricity. Also, it has nothing to do with religious, nor has it to do with ideas that explain ways of life and thinking.

Shinkiko is an energy that is omnipresent in the universe; an invisible light sent from there.

Like electricity, magnetic and heat, it cannot be perceived visually; nor can it be measured or explained by the modern science. Shinkiko is a vibrating energy that comes from a high dimension, which surely exists in the universe. Shinkiko energy is also different from the power of people's thoughts such as, love and gratitude.

It does not increase nor decrease depending on the state of our body and emotions at different times; it always exists inexhaustibly.

Also, no tough trainings are needed to receive Shinkiko energy. It is an energy of the universe which anyone in any condition can receive as he likes by just trying to receive it, without bothering others.

But the Shinkiko energy cannot be used as it is: you cannot use it for something and expect any effect from it that way. After taking the energy from space, its vibrating energy needs to be converted to a level where people can absorb it. I will explain about each tool that transfers and gathers Shinkiko energy and changes it into a usable energy, including a Ki transferrer, in chapter 2.

What is Ki?

My father, the late chairman, Masato Nakagawa, named this special energy from the universe, Shinkiko (真氣光) energy; and there is a reason why using the letter 氣 instead of the more popular letter 氷 .

There are various theories about the origin of the character 氣 ; the late chairman often used to mention that it consists of 米 (meaning rice) and 気 , and the 気 part represents a flowing energy (or an aura) from 米 . He used this letter in order to express a vague, energy-like thing, but which surely exists.

That is, Ki cannot be measured by science, nor

can it be seen with our eyes; and it is a general name for various kinds of energy that exist in the universe.

All sorts of things including men, animals, objects and lands have their own Kis. We can feel the Ki energy from plants, such as fresh vegetables and flowers, and feel the energy of nature from forests and hot springs. Around us and inside our bodies, are full of Ki. Also there have been many cases in which Ki was used as an invisible energy such as, psychokinesis, curse and prayer not only in Japan but also everywhere around the world.

Positive Ki and negative Ki

Ki can be categorized roughly into two types: the positive Ki and the negative Ki; the former works well on us, and the latter, vice versa. Being sick means Ki is being impaired: people become short of energy due to the influence from negative Ki. The late chairman named the energy Shinkiko (真氣光) in order to express that the energy is special (真氣), and then added light (光) to the end of it, because it sometimes appears like light in pictures, although it is invisible.

Also, Ki has a vibrational nature like radio waves do. For example, when two irritated Ki energies knock up against each other, they sympathize and have a big fight; and when you watch a sad TV program and sympathize with its Ki energy, you feel sad.

Things that cannot be proved by science are looked down on in the modern world in which science is developed. But late chairman often said that an intangible Ki was very important in such a time. Anyway, in this book, the letter 氣 is used to express an intangible energy.

We are originally born to make our souls shine By the way, what kind of beings are we, the human beings?

We sleep and wake up, eat, think and move and sleep again...; our bodies are surely ourselves, but

is that all? I think, everyone is feeling clearly from the bottom of their heart that people are not just this physical, tangible body.

Human being consists of the visible body and the invisible soul. And our consciousness and mind both lie in the soul.

The most familiar Ki for us is the life energy or soul within our body.

Although science cannot yet prove the existence of spirit or soul, every one of us understands deep down that the end of life is not the end of ourselves.

Our body starts to age after the age of 20. It is not too much to think that the most of the human life is a process of ageing. We were born into this world with a helpless body, which needs to be fed and clothed, and eventually all of us die without fail.

Our physical body disappears when we die, but will everything disappear? No. Even if the body is gone, the mind still remains. The essence of life is not the physical body, but the soul.

Then, suppose that spirit or soul exists, and it remains after death; what is the purpose of our lives?

From my experience of having sent Ki to many people, I have come to think that human beings born into this world to learn from many experiences, brush up their souls and make them shine more — heightening their own life energies, their own Kis.

Even though our physical body disappears when we die, what we have experienced in our lives are engraved in our souls, and they never demolish; they keep growing forever in this great universe.